

Benefits & Results

Facilitator Training – African Drumming



What our Facilitators receive

Value is at the forefront whether you're applying for funding or paying your own way. As well as your training, you'll receive: Course Manual · Digital Certificate of Completion · Digital resources · Access to school rates · Ongoing support and advice · Materials and resources.

Skills & Experience

- Workshop facilitation
- Programme facilitation
- Basic drum technique
- Confidence with ensemble instruments
- Introducing musicality
- Introducing leadership
- Applying the Rhythmic Flow Chart
- Understanding the Workshop Template

Applications

- Kindergartens
- Primary Schools
- Secondary Schools
- Community development
- Drum circles
- Rehabilitation facilities
- Rehabilitation and self-help groups
- The arts

School Rates

As an African Drumming Facilitator you'll gain access to our Schools and Educator rates with big savings on instruments. We pride ourselves on quality percussion, very competitive rates, and the ongoing support needed to get the most out of your gear. We can tailor instrument packages to suit your application and budget.

The Wellness Benefits

Emotional Relief

Drumming has shown stress-relieving and burnout-preventing effects. Group drumming especially reduces anxiety, depression and loneliness.

Mindfulness

Drumming is an incredible meditative tool, allowing participants to focus on the beats and truly experience the "here & now" while promoting awareness of feelings, thoughts and behaviour.

Accessibility & Inclusion

Drumming is accessible regardless of age, gender, ethnicity and ability – a great way to burn off energy and stress while fostering participation and inclusion.

Invigorating

A stimulating activity that leaves students energised and relaxed simultaneously – the uplifting result of the physical, emotional and social benefits of group drumming.

Cognitive Function

Drumming exercises the brain by stimulating cognitive functions like perception, attention and memory, and supports psycho-motor coordination.

Communication

As an opportunity to express beyond words, non-verbal communication offers participants a new voice.

Creativity & Confidence

Group drumming as a transformative and healing activity transcends barriers such as language and gender, empowering and motivating participants through creative expression.

Cultural Focus

An important dimension of the Course is culture. We have deep respect for the context of West African music – separating music from culture loses something intrinsic. We aim to pass on the cultural ethos underpinning the music and its pathway to cultural awareness.

“The facilitator training was valuable to me, offering formula for teaching that accommodated both experienced and inexperienced teachers and musicians. Simon obviously has a vast knowledge of African rhythms, but his ability to break them down and notate them in a form easily understood is what makes them accessible to everybody. Using his formulas as a basic structure gave me the confidence to plan and facilitate my own drum circles with my students.”

— Leah

Alignment with NZ Teaching Standards

The African Drumming Facilitator Training aligns with the **Standards for the Teaching Profession** (Teaching Council of Aotearoa New Zealand), supporting teachers in meeting their professional obligations.

Know the Content and How to Teach It

Participants build a strong foundation in West African drumming — including rhythms, technique, ensemble structure, and cultural context. The course provides practical pedagogical frameworks such as the Rhythmic Flow Chart and Workshop Template, enabling facilitators to introduce this content confidently and effectively across a range of year levels and educational settings.

Know the Learner and the Learning Process

The course equips facilitators to recognise how drumming supports diverse learning styles and developmental needs. From building focus and confidence in younger learners to fostering collaboration and creative expression in older students, participants gain inclusive, participatory strategies that address the cognitive, social, and emotional dimensions of learning.

Supporting Research

Effects of Community African Drumming on Generalised Anxiety in Adolescents — David Akombo

African Drumming as a Medium to Promote Emotional and Social Well-being of Children Aged 7–12 in Residential Care — Kim Flores

The Impact of Group Drumming on Social-Emotional Behavior in Low-Income Children — Ho et al