



**TEACHER  
TRAINING**

**COURSE  
OVERVIEW**



**AFRICAN  
DRUMMING**

**BUILDING CONFIDENCE THROUGH  
THE POWER OF THE DRUM**



Learn to facilitate empowering African drumming sessions. We'll teach you instrument technique and ensemble musical & facilitation skills, backed up with road-ready resources to take to the classroom straight away.

Evidence Based Professional Development for the education and wellness industries, the tiered course is designed for absolute beginners right through to experienced teachers.



## THE COURSE IS:

- ♪ Designed to boost your musicality and facilitation skills, and give you the confidence to run successful drumming programs.
- ♪ Accessible for people with limited (or no) musical background
- ♪ Boosted by free access to a lifetime of rhythms and rhythmic games, including audio and notation for beginner to advanced levels.
- ♪ Aligned with the Australian Government Schools Curriculum
- ♪ Available face to face, on demand anywhere in Australia, and online.

## RUN REWARDING SESSIONS

- ♪ Kinder, primary & secondary schools
- ♪ Community workshops
- ♪ Mental health and wellness sessions
- ♪ Rehabilitation and at-risk groups
- ♪ General workshops
- ♪ Drum circles
- ♪ Team building

## EDUCATOR RATES

Attendance gives you access to our Schools & Community rates, offering big savings on a huge range of products.

# COURSE OUTCOMES

## TAKE-HOME PACK

You'll be welcomed to the Course with your own take-home pack:

- ♪ Course Manual
- ♪ Digital resources
- ♪ Certificate of Completion
- ♪ Schools & Community Catalogue



## INSTRUCTIONAL PACK

Those completing level 2 will also receive African Drumming's instructional pack, which includes audio files and notations for beginner, intermediate, and advance level African rhythms.

## SKILLS & EXPERIENCE

- ♪ Drumming workshop & programme facilitation
- ♪ Djembe fundamentals and technique
- ♪ Confidence with ensemble instruments
- ♪ Stronger musicality and leadership
- ♪ Adapting to different skill and age levels
- ♪ A wealth of resources, including videos.
- ♪ Music programming support
- ♪ Tips for content delivery, class management, and student engagement

## ONGOING SUPPORT

Our friendly team is always here to help and offer professional advice.



## THE AUSTRALIAN CURRICULUM & AFRICAN DRUMMING

Our Course content aligns with the new Australian Curriculum to offer the best possible teaching tools applicable to any classroom, everywhere in Australia!

For more on how this course addresses Australian Curriculum Achievement Standards and Content Descriptors, see our Resources section.

# HOW THE COURSE WORKS

**OUR COURSE IS FOUNDED ON THREE THEME;  
EACH IS DEVELOPED AND EXPANDED UPON AS LEVELS PROGRESS.**

## Themes

- Your Musicality
- Session content & delivery
- Leadership & Facilitation

These Themes are the core of your personal development as an African Drumming Facilitator, and the primary focus of our Course. We aim to make you a confident leader with the skills to back it up.

## Your Musicality

Learning technique, strengthening your groove and expanding rhythmic knowledge will give you the confidence to run rewarding workshops.

We'll develop your skills as a player, your timing and listening skills, as well as your soloing and self expression

## Leadership & Facilitation skills

Developed based on years of workshop and facilitation experience, to run successful sessions that hit the mark every time.

These skills unpack what to do and when to do it. Loosening up the mind and body, building groove and musicality, and delivering a full bodied rhythm.

## Session content & Delivery

Our Course resources ensure an easy and practical implementation, covering everything delivered in the Course, including: Rhythms, games & ice breakers, notation templates, audios, videos, reference materials and more.

The Australian Curriculum is referenced throughout the course manual. The course content covers Achievement Standards across all learning bands. The manual includes a comprehensive overview of African drumming teaching and learning content, in alignment with specific Content Descriptors and General Capabilities: A great resource for music programming and lesson planning.



# HOW THE COURSE WORKS

## WE'VE BROKEN THE COURSE TO 3 LEVELS

### LEVEL 1

- ♪ Covers a range of applications for different ages and skill levels, with resources and materials to equip you with road-ready skills and confidence.
- ♪ We introduce several key tools, including the Workshop Template and Rhythmic Flow Chart: your blueprint for the music and how to teach it.

#### PREREQUISITES

**None; No drumming or facilitation experience needed.**



### LEVEL 2

- ♪ Building on the fundamentals delivered in Level 1, we delve deeper into the music and work on strengthening your musicianship and leadership.
- ♪ Empowering you to teach not only musical concepts, but to also explore the metaphors of collaboration and personal contribution.
- ♪ We cover ensemble creation and development, soloing basics, and other useful and fun West African essentials.

#### PREREQUISITES

**Level 2 is designed to be attended after Level 1**



### LEVEL 3

- ♪ Raising the bar on your confidence, musicianship and leadership skills.
- ♪ We'll craft more complex arrangements and further develop your soloing
- ♪ By taking the reins of our session, you will lead and discover the joy of facilitating a grooving ensemble, West African style.

#### PREREQUISITES

**Completion of Level 1 and 2, unless discussed.  
Designed for experienced facilitators**

## LEVEL 1 & 2

We recommend the full weekend to most applicants. You'll get the most out of the Course in this mode of delivery, focusing on both you as a teacher, as well as the West African ensemble, and complete the Course full of confidence.

- ♪ Never drummed before
- ♪ Some previous musical experience
- ♪ Music teachers
- ♪ Community teachers
- ♪ Prospective or practicing facilitators
- ♪ Drumbeat Graduates

## LEVEL 3

A robust 2-day intensive for advanced level facilitators, with a special emphasis on leadership and communication.

- ♪ Building on your existing rhythmic knowledge, we'll delve deeper into your rhythm power and musicality, marking the time, communication skills and orchestrating, ensemble dynamics & arrangement.
- ♪ Hands-on opportunities to lead the group.
- ♪ Level 1 & 2 Graduates

## WHAT YOU'LL NEED

### ONLINE COURSE

A computer with a microphone and headphones/speakers, but a laptop will also do. A djembe, but if you don't have one - no worries, let us know and we'll find a way to get a djembe to you.

### ONSITE COURSE

We'll provide a djembe for you.



# SCHEDULED COURSES

## LEVEL 1 & 2

### **NSW: Sydney**

**17-18 August 2024**

9:30am – 3:30pm

### **WA: Perth**

**3-4 August 2024**

9:30am – 3:30pm

### **VIC: Melbourne**

**26 & 27 Oct 2024**

9:30am – 3:30pm

## LEVEL 1 & 2

### **Online Courses**

**27-27 July 2024**

9:30am – 3:30pm AEST

**19-20 October 2024**

9:30am – 3:30pm AEDT

## LEVEL 3

### **Online Courses**

**7-8 September 2024**

9:30am – 3:30pm AEDT

## ONLINE PROFESSIONAL DEVELOPMENT

### RHYTHM GAMES

**14 September 2024**

10am-12pm (AEDT):

**Games for Djembes**

1pm-3pm (AEDT):

**Games for Small Percussion**

### DRUMMING FOR WELLNESS

**22 June 2024**

10am-12pm (AEST):

**Drumming for Social Connectivity**

1pm-3pm (AEST):

**Drumming for Mindfulness**

**9 November 2024**

10am-12pm (AEST):

**Drumming for Social Connectivity**

1pm-3pm (AEST):

**Drumming for Mindfulness**



# COURSE RATES

## SINGLE LEVEL

**Level 1 or Level 2**

\$350 + gst

## LEVEL 3

**Full completion of level 3**

**Over 2 days**

\$595 + gst

## THE WEEKEND

**Levels 1 & 2 together or Level 3**

\$595+ gst

## LEVEL 1,2,3

**Levels 1,2,3 together**

**- must be booked together**

**Online, or combination**

**of online & onsite: \$1000 + gst**

\*Early bird rates expire 28 days  
before the course begins

## ADD-ON: BUY WHEN YOU BOOK & SAVE

We're always looking for ways to add  
value to the Course. This offer is only  
available at the time of booking and  
will be added to your Course invoice.

### **13" Ghana djembe**

The perfect teachers drum at a  
bargain price.

**Retail rate: \$460**

**Standard school rate: \$345 + gst**

**Buy when you book rate: \$320 + gst**





# ON DEMAND & ONLINE

**We can come to you to deliver the course.**

**We train school teachers, professional facilitators, at risk youth & mental health instructors, wellness specialists and government teams, all of whom continue to run their own programmes with amazing results.**

## **COURSES: ON DEMAND**

We bring the Course to you directly anywhere in Australia (and beyond!) at a time which suits your schedule. Contact us for a quote.

## **ONLINE OR ONSITE IN MELBOURNE**

Level 1 & Level 2 run over two sessions each;  
Each session is approximately 110 minutes long;  
Level 3 runs over 4 sessions of 110 minutes each; we can combine sessions together to fast track your learning.

### **INDIVIDUAL - PER LEVEL**

**Level 1**                \$550 + gst

**Level 1 & 2**        \$990 + gst

**Level 1, 2 & 3** \$1,880 + gst

Melbourne rates are for out St.Kilda Studio; Contact us for tailored quotes for larger groups or different locations.



# THE BENEFITS OF DRUMMING

African drumming is accessible and inclusive: People of all ages, backgrounds and abilities can learn to drum quickly.

Basic playing skills can be learnt in minutes, and the music can be easily adapted to any group, being as simple or complex as you like.

- ♪ Drumming exercises the brain and the body, stimulating physical and neurologic coordination.
- ♪ Encourages listening skills, concentration, and communication.
- ♪ Develops teamwork abilities including confidence and trust.
- ♪ Promotes multicultural awareness.
- ♪ Nurtures improvisation and creativity.
- ♪ Powerful mindfulness and stress relief effects.
- ♪ Generates a real sense of inclusion.



Drumming offers tools to explore integral themes to all aspects of school and life:  
Leadership and respect;  
Self-expression and focus;  
Cooperation and diversity.

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We've seen the transformative nature of drumming first hand in our classes & workshops.  
Drumming empowers, energises, and teaches skills that students can be proud of.  
It's what keeps us inspired.



# REGISTER

We would love to have you along. Places are limited, so first in best dressed!

Registration is simple:  
Find the registration form [here](#), fill it out, and submit it. We'll be in touch shortly after with confirmation and an invoice.

## CONTACT US

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