

BUILDING CONFIDENCE THROUGH THE POWER OF THE DRUM

Learn to facilitate empowering African drumming sessions. We'll teach you instrument technique and ensemble musical & facilitation skills, backed up with road-ready resources to take to the classroom straight away.

Evidence Based Professional Development for the education and wellness industries, the tiered course is designed for absolute beginners right through to experienced facilitators.



THE COURSE IS:

- Designed to boost your musicality and facilitation skills, and give you the confidence to run successful drumming programs.
 - ♪ Accessible for people with limited (or no) musical background.
 - ♪ Boosted by free access to a lifetime of rhythms and rhythmic games, including audio and notation for beginner to advanced levels.
 - ♪ Aligned with the Australian Government Schools Curriculum.
 - ♪ Available face to face, on demand anywhere in Australia, and online.

RUN REWARDING SESSIONS

♪ Kinder, primary and secondary schools ♪ Community workshops
♪ Mental health and wellness sessions ♪ Rehabilitation and at-risk groups
♪ General workshops ♪ Drum circles ♪ Team building

EDUCATOR RATES

Attendance gives you access to our Schools & Community rates, offering big savings on a huge range of products.

COURSE OUTCOMES

TAKE-HOME PACK

You'll be welcomed to the Course with your own take-home pack:

- ♪ Course Manual
- Digital resources
- Certificate of Completion
- ♪ Schools & Community Catalogue



INSTRUCTIONAL PACK

Those completing level 2 will also receive African
Drumming's instructional pack, which includes audio files and notations for beginner, intermediate, and advanced level African rhythms.

SKILLS & EXPERIENCE

- ♪ Drumming workshop and programme facilitation
- ♪ Djembe fundamentals and technique
- ♪ Confidence with ensemble instruments
- Stronger musicality and leadership
- ♪ Adapting to different skill and age levels
- ♪ A wealth of resources, including videos
- ♪ Music programming support
- ♪ Tips for content delivery, class management, and student engagement

ONGOING SUPPORT

Our friendly team is always here to help and offer professional advice.



THE AUSTRALIAN CURRICULUM & AFRICAN DRUMMING

Our Course content aligns with the new Australian Curriculum to offer the best possible teaching tools applicable to any classroom, everywhere in Australia! For more on how this course addresses Australian Curriculum Achievement Standards and Content Descriptors, see our Resources section.

HOW THE COURSE WORKS

OUR COURSE IS FOUNDED ON THREE THEMES; EACH IS DEVELOPED AND EXPANDED UPON AS LEVELS PROGRESS.

THEMES

Your Musicality Session content & delivery Leadership & Facilitation

Your Musicality

Learning technique, strengthening your groove and expanding rhythmic knowledge will give you the confidence to run rewarding workshops.

Leadership & Facilitation skills

Developed based on years of workshop and facilitation experience, to run successful sessions that hit the mark every time.

Session content & Delivery

Our course resources ensure an easy and practical implementation, covering everything delivered in the course, including: Rhythms, games & ice breakers, notation templates, audios, videos, reference materials and more. These themes are the core of your personal development as an African Drumming Facilitator, and the primary focus of our Course. We aim to make you a confident leader with the skills to back it up.

We'll develop your skills as a player, your timing and listening skills, as well as your soloing and self expression

These skills unpack what to do and when to do it. Loosening up the mind and body, building groove and musicality, and delivering a full bodied rhythm.

The Australian Curriculum is referenced throughout the course manual. The course content covers Achievement Standards across all learning bands. The manual includes a comprehensive overview of African drumming teaching and learning content, in alignment with specific Content Descriptors and General Capabilities; a great resource for music programming and lesson planning.

HOW THE COURSE WORKS

WE'VE DIVIDED THE COURSE INTO 3 LEVELS

LEVEL 1

- Covers a range of applications for different ages and skill levels, with resources and materials to equip you with road-ready skills and confidence.
- ♪ We introduce several key tools, including the Workshop Template and Rhythmic Flow Chart: your blueprint for the music and how to teach it.

PREREQUISITES None; no drumming or facilitation experience needed.



LEVEL 2

- ♪ Building on the fundamentals delivered in Level 1, we delve deeper into the music and work on strengthening your musicianship and leadership.
- □ Empowering you to teach not only musical concepts, but to also explore the metaphors of collaboration and personal contribution.

PREREQUISITES Level 2 is designed to be attended after Level 1



LEVEL 3

- ♪ By taking the reins of our session, you will lead and discover the joy of facilitating a grooving ensemble, West African style.

PREREQUISITES

Completion of Level 1 and 2,
unless discussed.

Designed for experienced
facilitators.

LEVEL 1 & 2

We recommend the full weekend to most applicants. You'll get the most out of the Course in this mode of delivery, focusing on both you as a facilitator, as well as the West African ensemble, and complete the Course full of confidence.

- Never drummed before
- ♪ Some previous musical experience
- ♪ Music teachers
- Community teachers
- ♪ Prospective or practicing facilitators
- Drumbeat Graduates

LEVEL 3

A robust 2-day intensive for advanced level facilitators, with a special emphasis on leadership and communication.

- ♪ Building on your existing rhythmic knowledge, we'll delve deeper into your rhythm power and musicality, marking the time, communication skills and orchestrating, ensemble dynamics and arrangement.
- ♪ Level 1 & 2 Graduates

WHAT YOU'LL NEED

ONLINE COURSE

A computer with a microphone and headphones/speakers, but a laptop will also do. A djembe, but if you don't have one - no worries, let us know and we'll find a way to get a djembe to you.

ONSITE COURSE

We'll provide a djembe for you.



SCHEDULED COURSES

LEVEL 1 & 2

VIC: Melbourne

31 May - 1 June 2025

9:30am - 3:30pm

8-9 November 2025

9:30am - 3:30pm

NSW: Sydney

21-22 June 2025

9:30am - 3:30pm

WA: Perth

16-17 August 2025

9:30am - 3:30pm

LEVEL 1 & 2

Online Courses

22-23 March 2025

9:30am - 3:30pm

3-4 May 2025

9:30am - 3:30pm

2-3 August 2025

9:30am - 3:30pm

18-19 October 2025

9:30am - 3:30pm

LEVEL 3

Online Courses

30-31 August 2025

9:30am - 3:30pm

ONLINE PROFESSIONAL DEVELOPMENT

RHYTHM GAMES

1 March 2025 or 13 September 2025

10am-12pm:

Games for Djembes

1pm-3pm:

Games for Small Percussion

DRUMMING FOR ALL-ABILITIES

17 May 2025

10am-3pm (two sessions)

DRUMMING FOR WELLNESS

14 June 2025 or 22 November 2025

10am-12pm:

Drumming for Social Connectivity

1pm-3pm:

Drumming for Mindfulness

All times are listed in Melbourne local time.

COURSE RATES

SINGLE LEVEL

Level 1 or Level 2

\$350 + gst

Level 3

Full completion of level 3 over 2 days \$595 + gst

PROFESSIONAL DEVELOPMENT

Single session

\$150 + gst (one half day)

Two sessions

\$260 + gst (one full day)

Four sessions

\$490 + gst (two full days)

ADD-ON: BUY WHEN YOU BOOK & SAVE

We're always looking for ways to add value to the Course. This offer is only available at the time of booking and will be added to your Course invoice.

13" Ghana Djembe

The perfect facilitator's drum at a great price.

Retail rate: \$480

Standard school rate: \$360 + gst Buy when you book rate: \$335 + gst

THE WEEKEND

Levels 1 & 2 together or Level 3 \$595 + gst

LEVEL 1, 2, 3

Must be booked together

Online, or combination of online & onsite: \$1000 + gst



BOOK YOUR OWN

We can come to you to deliver the course.

We train school teachers, professional facilitators, at risk youth & mental health instructors, wellness specialists and government teams, all of who continue to run their own programmes with amazing results.

We bring the Course to you directly anywhere in Australia (and beyond!) at a time which suits your schedule. Contact us for a quote.

ONLINE OR ONSITE IN MELBOURNE

Level 1 & Level 2 run over two sessions each; Each session is approximately 110 minutes long; Level 3 runs over 4 sessions of 110 minutes each; we can combine sessions together to fast track your learning.

INDIVIDUAL - PER LEVEL

Level 1 \$550 + gst **Level 1 & 2** \$990 + gst **Level 1, 2 & 3** \$1,880 + gst

Melbourne rates are for our St Kilda Studio; Contact us for tailored quotes for larger groups or different locations.



THE BENEFITS OF DRUMMING

African drumming is accessible and inclusive: People of all ages, backgrounds and abilities can learn to drum quickly.

Basic playing skills can be learnt in minutes, and the music can be easily adapted to any group, being as simple or complex as you like.

- Drumming exercises the brain and the body, stimulating physical and neurological coordination.
- → Encourages listening skills, concentration, and communication.
- Develops teamwork abilities including confidence and trust.
- Promotes multicultural awareness.
- Nurtures improvisation and creativity.
- Powerful mindfulness and stress relief effects.
- Generates a real sense of inclusion.



Drumming offers tools to explore integral themes to all aspects of school and life:
Leadership and respect;
Self-expression and focus;
Cooperation and diversity.

We've seen the transformative nature of drumming first hand in our classes & workshops. Drumming empowers, energises, and teaches skills which students and colleagues can implement in both the classroom and everyday life.

It's what keeps us inspired.

REGISTER

We would love to have you along. Places are limited, so first in best dressed!

Registration is simple:

Find the registration form <u>here</u>, fill it out, and submit. We'll be in touch shortly with confirmation and an invoice.

CONTACT US

Tel. 03 9525 3073 info@africandrumming.com.au africandrumming.com.au 252 St Kilda Road, St Kilda VIC 3182

