



— African Drumming —
TEACHER TRAINING
Professional Development & Facilitation Course
Level 1+2 Chevaon Nel
AFRICAN DRUMMING 2018

— African Drumming —
TEACHER TRAINING
Professional Development & Facilitation Course
Level 1+2 Ilona Harris
AFRICAN DRUMMING 2018

— African Drumming —
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Professional Development & Facilitation Course
Level 1+2 Simon Elwell
AFRICAN DRUMMING 2018

— African Drumming —
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Professional Development & Facilitation Course
Level 1+2 Theresa Kiff
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Professional Development & Facilitation Course
Level 1+2 Ian Drawer
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TEACHER TRAINING

COURSE OVERVIEW



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ABOUT THE TEACHER TRAINING COURSE

Our aim is to help people learn, teach and share West African music in classrooms and communities across Australia. Our Course will give you all you need to run African Drumming sessions - even if you've never drummed before. How? We'll teach you ensemble musical and facilitation skills, backed up with road-ready resources that you can take to the classroom straight away. Learn how to facilitate rewarding and empowering African drumming sessions with us.

THE AUSTRALIAN CURRICULUM & AFRICAN DRUMMING

We've worked hard to align our Course content to the new Australian Curriculum to offer you the best possible teaching tools applicable to any classroom, everywhere in Australia! For more on how this course addresses Australian Curriculum Achievement Standards and Content Descriptors, see our Resources section.

WHY DRUM?



WE'VE SEEN THE TRANSFORMATIVE NATURE OF DRUMMING FIRST HAND IN OUR CLASSES & WORKSHOPS. DRUMMING EMPOWERS, ENERGISES, AND TEACHES PEOPLE A SKILL THEY CAN BE PROUD OF: IT'S WHAT KEEPS US INSPIRED.

The potential of African drumming lays in its accessibility and inclusivity. People of all ages, backgrounds and abilities can learn to drum quickly; the learning curve is gentle. Basic playing skills can be learnt in a matter of minutes. The music can be easily adapted to any group and the music can be as simple or as complex as you like.

Drumming is also about more than music: it exercises the brain and the body together. It teaches us how to work together, how to lead and be creative, and generates a real sense of inclusion. Drumming offers tools to explore themes that are important to all aspects of schooling and life: leadership and respect; self-expression and focus; synchronicity in diversity.



WHY DRUM?



THE THERAPEUTIC BENEFITS OF DRUMMING

The benefits of drumming are extensively proven. The body of research and quantifiable data has boomed in the last 10 years, spurred on by the djembe's growing popularity across the world. Drumming has a strong therapeutic quality: it's good for us. It exercises the brain through stimulating cognitive functions like perception, attention and memory, and group drumming especially reduces the experience of anxiety, depression and loneliness. It's good for the body too, for psychomotor coordination and in improving the health of people experiencing serious illness. Children who play instruments generally hold higher test scores and report high levels of wellbeing. In particular, it is group drumming in which the rewards are shown to be the richest physically, socially, and psychologically.

ACCESSIBILITY

Any activity that just about anyone can engage with regardless of age, gender, ethnicity and ability is a real asset. It is this tried and true accessibility which ignites the magic of this music, especially in the contexts of the classroom and community engagement where a sense of belonging and contribution is essential. As an opportunity for people to express themselves beyond words, non-verbal communication gives us a voice. Whether working in early learning, with at risk youth, with disengaged or alienated people, drumming is a positive outlet for creative expression that can also be nurtured into a skill set. Likewise, when barriers to participation are encountered - such as language, gender and age - drumming can transcend them all.



WHY DRUM?



REAL MULTICULTURALISM

We see the term 'multicultural' every day, but how often do we really access a hands-on meaningful experience of another culture? Music is a portal through which both yourself and your students can positively engage with West Africa. We have a deep respect for the context of this music; every rhythm comes from a unique culture and people, telling a story which is typically linked to an event, archetype or legend. As well as opening the door to storytelling, the rhythms offer interesting insights into ancient societies, cultures and instruments.

POWERFUL TEACHING & LEARNING

African Drumming delivers powerful teaching and learning outcomes:

- Offers accessibility to students of all ability levels to engage in listening, composing and performing music
- Develops musicality and provides a platform for exploring the elements of music in exciting ways
- Encourages intercultural understanding through exploring a unique musical style
- Builds personal and social capabilities by presenting learning content in meaningful, collaborative settings
- Enhances student motivation and engagement
- Aligns with Australian Curriculum Achievement Standards, Content Descriptors and General Capabilities, and offers rich opportunities for cross-curricular integration



HOW THE COURSE WORKS



OUR COURSE IS FOUNDED ON THREE COMPONENTS: THEMES, PHASES AND RESOURCES. EACH IS DEVELOPED AND EXPANDED UPON AS LEVELS PROGRESS.

THEMES

- Your Musicality
- Materials & Resources
- Leadership & Facilitation

These Three Themes are the core of your personal development as an African Drumming Facilitator and are the primary focus of our Course. We aim to make you a confident leader with the skills to back it up.

PHASES

We've developed a three phase formula, drawing on years of workshop and facilitation experience, to run successful sessions that hit the mark every time.

The Three Phases unpack what to do and when to do it. Phase 1 is about loosening up the mind and body. Phase 2 is about building groove and musicality. Phase 3 is about delivering a full bodied rhythm.

RESOURCES

The number one concern of anyone attending a professional development course is whether they'll actually be able to put what they've learnt into action. Our Course Manual and digital resources have you covered, referencing everything delivered in the Course. Included are rhythms, games and ice-breakers, hand signal guide, notation templates, MP3s, videos, reference materials, articles and guides.

For school teachers, Australian Curriculum references can be found throughout the course manual. We have designed our course content to cover Achievement Standards across all learning bands.

The manual includes a comprehensive overview of African Drumming teaching and learning content, in alignment with specific Content Descriptors and General Capabilities. This overview provides a great scaffold for music programming and lesson planning.

TEACHER VIDEO HUB

A resource centre for your African Drumming Facilitation needs

Our Hub gives you a broad range of rhythms for all ages, plus additional games, traditional songs and musical exercises to develop your students' learning. We break things down for you as a teacher so you can absorb and fast track your learning as quickly as possible

COURSE RESULTS



RUN REWARDING SESSIONS

- Kindergartens, primary & secondary schools
- Community development and engagement
- Mental health and self-help groups
- Rehabilitation and at-risk groups
- General workshops
- Drum circles

EDUCATOR RATES

Attendance gives you access to our Schools & Community Catalogue, offering big savings on retail prices. We pride ourselves on the quality of our percussion and our very competitive rates. We can recommend and tailor packages with bulk rates to suit your course and budget.



SKILLS & EXPERIENCE

- Drumming workshop and programme facilitation
- Djembe fundamentals and technique
- Confidence with ensemble instruments
- Stronger musicality and leadership
- Adapting to different skill and age levels
- Resources
- Music programming support
- Tips for content delivery, class management and student engagement

ONGOING SUPPORT

The friendly African Drumming team are always here to help and offer free professional advice following the Course. We're also setting up an online community and resource centre where you can connect with other facilitators and get easy access to resources.

TAKE-HOME PACK

You'll be welcomed to the Course with your own take-home pack:

- Course Manual
- Digital resources
- Certificate of Completion
- Complimentary percussion
- Schools & Community Catalogue

LEVEL 1

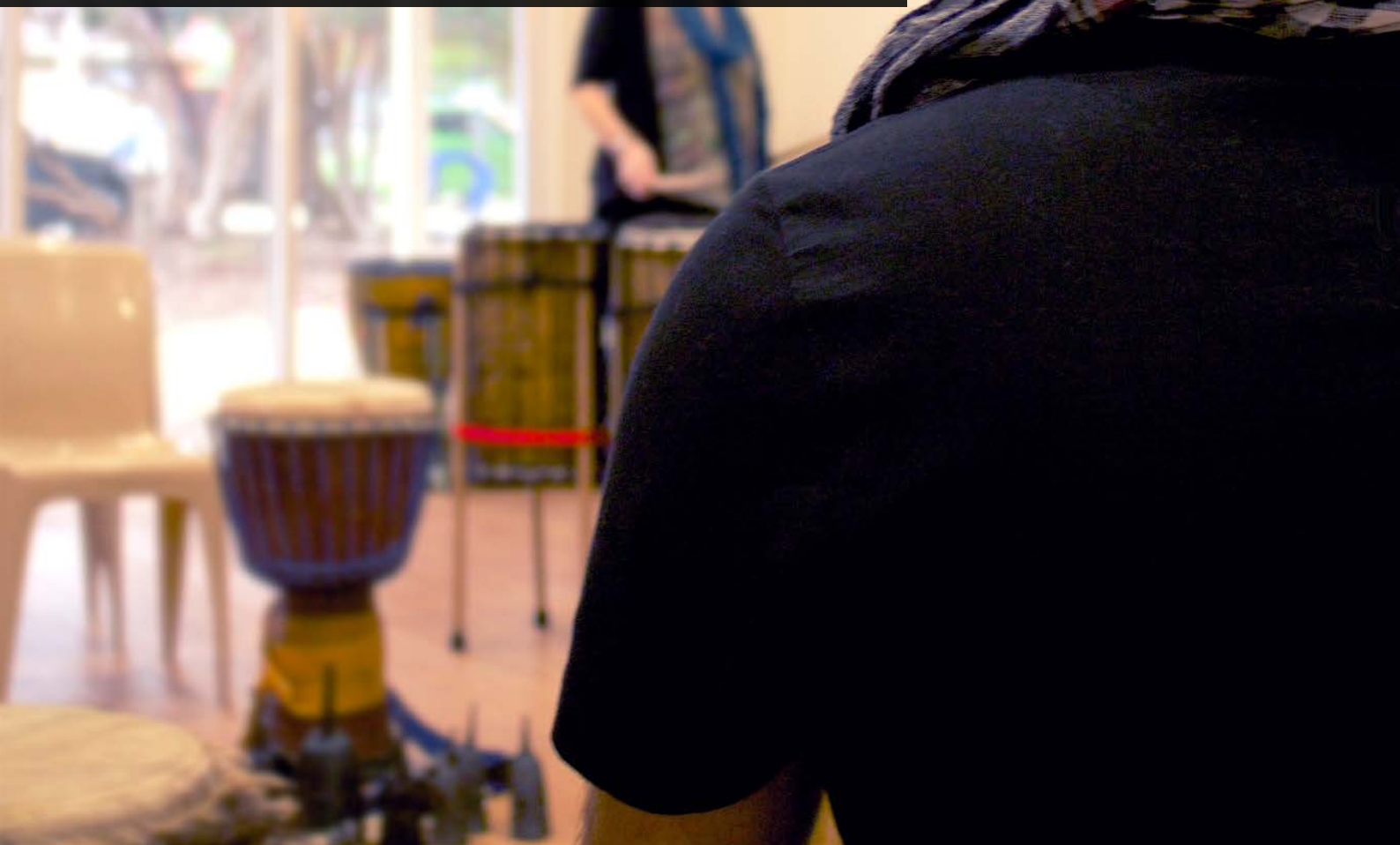
AN INTRODUCTION TO THE WORLD OF WEST AFRICAN MUSIC AND HOW TO PRACTICALLY TEACH IT.

We've designed this course to be accessible for people with little or no drumming experience, reflecting one of the most empowering aspects of this music: it's really easy to learn (though tough to master!). The primary tool of the trade is the djembe, however the skills translate across to the other instruments too. We introduce several key tools, including the Workshop Template and Rhythmic Flow Chart: your blueprint for the music and how to teach it.

Level 1 covers a range of applications for different ages and skill levels with resources and materials to equip you with road-ready skills and confidence.

PREREQUISITES

None; no drumming or facilitation experience needed.



LEVEL 2

DELVES DEEPER INTO THE MUSIC AND WORKS ON STRENGTHENING YOUR MUSICIANSHIP AND LEADERSHIP.

Building on the fundamentals delivered in Level 1, we delve deeper into the music and work on strengthening your musicianship and leadership skills. The focus on musicianship is developed by a study of syncopation and polyrhythms, and how you can use these to teach not only musical concepts, but to explore the metaphors of collaboration and personal contribution too. Leadership work capitalises on improved skill, understanding the music, and on your developing facilitation tools. We also cover ensemble creation and development, soloing basics and other useful (and fun) West African essentials.

Level 2 is designed to be attended after Level 1.

PREREQUISITES

Completion of Level 1 unless discussed.



LEVEL 3

ADVANCED SKILLS AND TECHNIQUES FOR EFFECTIVE AND REWARDING SESSIONS AND PROGRAMMES.

Raising the bar on your own musicianship and leadership skills, we take the music to new heights in Level 3. By exploring even more rhythms, crafting more complex arrangements and further developing your soloing, this level will push you in all the key Themes. We also deepen the uses of the Rhythmic Role and Flow Charts, offering even more musical richness to your group. By taking the reins of our session, you will lead, direct and discover the joy and challenge of facilitating a grooving ensemble, West African style.

Level 3 is designed for experienced facilitators.

PREREQUISITES

Completion of Level 1 and 2 unless discussed.



WHICH LEVEL AM I?



LEVEL 1

Accessible and supported by plenty of resource material, we focus on practical musical skills and facilitation confidence.

- Never drummed before
- None or limited musical experience
- Music Teachers
- Community Teachers
- Prospective Facilitators

LEVEL 1 + 2

We recommend the full weekend to most applicants. You'll get the most out of the Course in this mode of delivery, with a focus on both you as a teacher as well as unlocking the potential of the West African ensemble. You'll complete the Course full of confidence!

- Never drummed before
- Some previous musical Experience
- Music Teachers
- Community Teachers
- Prospective Facilitators
- Practicing Facilitators
- Drumbeat Graduates

LEVEL 2

Delves deeper into the music, putting the tools gained in Level 1 to greater use and introducing some new ones too. This level will focus on strengthening your musicianship and leadership skills, studying of syncopation and polyrhythms, and learning how to use these to teach not only musical concepts, but explore the metaphors of collaboration and personal contribution.

- Best for those who have completed Level1 training.
- Ensemble creation and development
- Soloing basics
- Other useful (and fun) West African essentials

LEVEL 3

A robust 2-day intensive for advanced level facilitators with a special emphasis on leadership and communication.

- Building on your existing rhythmic knowledge, we'll delve deeper into:
- Your rhythm power and musicality
- Marking the time
- Communication skills and directing traffic
- Ensemble dynamics & arrangement
- Hands-on opportunities to lead the group.
 - Limited seats offered.
 - Experienced Professional Facilitators
 - Experienced Drummers
 - Level 1 & 2 Graduates



ATTENDING THE COURSE



WHAT TO BRING

Not much! Just a notepad and pen for notes and an audio recording device is also handy for future reference. If you have a djembe feel free to bring it along. If not, no worries. Just check the box on the Registration Form and we'll supply one free of charge.

INSTRUMENTS FOR SALE

We offer great on-the-spot deals on the drums and instruments we bring to the Course. It's a great opportunity to get a bargain and avoid freight charges. We recommend having some funding up your sleeve if possible! No payment is required on the day; we will follow up with an invoice after the Course. If you pay cash you'll get an extra special deal.

SHOPPING WITH US

We're Australia's largest supplier of African drums, with a huge range of instruments that are perfect for schools and workshops.

[Check out our online store.](#)

When you attend, you'll receive a copy of our Catalogue, which gives access to educator rates and advice about which drums are suitable for different ages and applications.



YOUR TEACHERS



WE TRAVEL ACROSS AUSTRALIA DELIVERING THE COURSE NATION-WIDE. WITH YEARS OF TEACHING, STUDY, PERFORMANCE AND FACILITATION EXPERIENCE, WE'VE RUN JUST ABOUT EVERY SESSION UNDER THE SUN.



BRIANNA SLATTERY

After 10 years of playing the piano, Brianna bought her first djembe at the age of 18 - and promptly fell in love with African drumming! Brianna has been teaching drumming to school students for the past five years. Brianna believes that being a member of a drumming community has far reaching-benefits, including: enhancing musicality, building relationships, boosting confidence and improving general well being.



LAURA KIRKWOOD

Laura has been studying percussion for over 13 years, touring and recording with various bands. She attended African Drumming's tour to West Africa, studying with Master drummers in Ghana and Burkina Faso and has taught workshops and music therapy classes across Australia. Having studied Latin music at the University of Florida, she is now a postgrad student of ethnomusicology at the Melbourne Conservatorium of Music.

SCHEDULED COURSES



VIC: MELBOURNE

African Drumming

252 St Kilda Rd, St Kilda

2 - 3 May 2020 - Level 1 & 2

9:30am – 3:30pm

25 - 26 Jul 2020 - Level 3

9:30am – 3:30pm

17 - 18 Oct 2020 - Level 1 & 2

9:30am – 3:30pm

WA: PERTH

Kerry Street Community School

20 Forrest Road, Hamilton Hill

20 - 21 Jun 2020 - Level 1 & 2

9:30am – 3:30pm

NSW: SYDNEY

Daceyville Public School

Cnr Bunnerong Road and Joffre Crescent, Daceyville

16 - 17 May 2020 - Level 1 & 2

9:30am – 3:30pm

8 - 9 Aug 2020 - Level 3

9:30am – 3:30pm

31 Oct - 1 Nov 2020 - Level 1 & 2

9:30am – 3:30pm

SA: ADELAIDE

Glandore Community Centre

25 Naldera St, Glandore

1 - 2 Aug 2020 - Level 1 & 2

9:30am – 3:30pm

QLD: BRISBANE

Block F, TAFE Queensland

Alexandra Hills Campus

29 Windemere Road, Alexandra Hills

6 - 7 Jun 2020 - Level 1 & 2

9:30am – 3:30pm

VIC: PDs IN MELBOURNE

African Drumming

252 St Kilda Rd, St Kilda

28 Mar 2020

Rhythm Games

Rhythm games for djembes: 10am - 12pm

Rhythm games for other percussion: 1pm - 3pm

13 Jun 2020

Wellness

Social connectivity and inclusivity: 10am - 12pm

Mindfulness and emotional regulation: 1pm - 3pm

22 Aug 2020

Songs and Dance

West African songs: 10am - 12pm

West African dance: 1pm - 3pm

Contact us for details on Level 3 dates & locations, or courses in Tasmania.

COURSE RATES



SINGLE LEVEL

Level 1, or Level 2

EARLY-BIRD* \$330.00 + GST
STANDARD \$370.00 + GST

LEVEL 3

Full completion of level 3

EARLY-BIRD* \$575.00 + GST
STANDARD \$630.00 + GST

THE WEEKEND

RECOMMENDED Levels 1 & 2 back to back or full completion of level 3

EARLY-BIRD* \$575.00 + GST
STANDARD \$630.00 + GST

LEVELS 1, 2, 3

MELBOURNE & SYDNEY ONLY
Levels 1, 2 & 3 together.

EARLY-BIRD* \$1050.00 + GST
STANDARD \$1150.00 + GST

* Early bird rates expire 28 days before the course begins

ADD-ONS: BUY WHEN YOU BOOK & SAVE

We're always looking for ways to add value to the Course, and these are offers not to be passed up! These rates are only available at the time of booking and will be added to your Course invoice.

INSTRUCTIONAL PACK

STANDARD SCHOOL RATE: \$65.00 + GST
BUY WHEN YOU BOOK RATE: \$55.00 + GST
DIGITAL PACK ON USB: \$45.00 + GST

Approximately 80% of our Facilitators purchase the Pack at the end of the Course and it's no wonder why. With 25 rhythms tabulated in a simple format and 2 CDs to support, it's the go-to resource packed with years of material.



13" GHANA DJEMBE

STANDARD SCHOOL RATE: \$325.00 + GST
BUY WHEN YOU BOOK RATE: \$300.00 + GST

The perfect teachers drum at a bargain price. All we need to know is your height - and we'll set you up with a facilitators djembe with plenty of projection and great sounds.



ON DEMAND & ONLINE



WE CAN COME TO YOU TO DELIVER THE COURSE. WE TRAIN SCHOOL TEACHERS, PROFESSIONAL FACILITATORS, AT RISK YOUTH AND MENTAL HEALTH INSTRUCTORS, WELLNESS SPECIALISTS, GOVERNMENT DEPARTMENTS, AND NGO TEAMS, WHO CONTINUE TO RUN THEIR OWN PROGRAMMES WITH AMAZING RESULTS.

COURSES: ON DEMAND

We bring the Course to you directly anywhere in Australia (and beyond!) at a time which suits your schedule. Ideal for busy organisations, and for a locally organised collaboration of schools and community groups who send their teachers, coordinators and youth workers to come and learn. Contact us for a quote.

ONLINE

Join us online and have the course delivered to you over two sessions. We welcome participants from all around the world. Each session runs for approximately 110 minutes.

INDIVIDUAL - PER LEVEL

Level 1	\$420.00 + GST
Level 1 & 2	\$790.00 + GST
Level 1, 2 & 3	\$1,500.00 + GST

GROUP - PER LEVEL

1 Participant	\$420.00 + GST
2 Participants	\$600.00 + GST
3 Participants	\$750.00 + GST

MELBOURNE

For those based in Melbourne, we also offer the Course on a 1-on-1 basis over two sessions. Each session runs for approximately 110 minutes and is based in our St Kilda studio.

INDIVIDUAL - PER LEVEL

Level 1	\$450.00 + GST
Level 1 & 2	\$850.00 + GST
Level 1, 2 & 3	\$1,550.00 + GST

GROUP - PER LEVEL

1 Participant	\$450.00 + GST
2 Participants	\$625.00 + GST
3 Participants	\$800.00 + GST

We can also come to your location if you wish, contact us at info@africandrumming.com.au for a quote.

REGISTER

**WE WOULD LOVE TO HAVE YOU ALONG.
PLACES ARE LIMITED SO FIRST IN BEST DRESSED!**

The process is simple:

1. Fill out and return your Registration Information below
2. We'll send you confirmation of your place with an invoice
3. We'll be in touch with the full and final details two weeks before the course

REGISTRATION INFORMATION

Simply copy and paste this form in an email to:
info@africandrumming.com.au

ABOUT YOU

Name:
Email:
Phone:
Organisation:
Invoice Contact & Email:
Invoice Made Out To:

What is your experience level?
What would you like to do with the skills you learn?
Would you like us to provide you with a djembe for the course?

LEVEL

Which level(s) would you like to attend?

LOCATION

Which location do you wish to attend?

CONTACT US

(03) 9525 3073
info@africandrumming.com.au
www.africandrumming.com.au
252 St Kilda Road
St Kilda VIC 3182